





## U.S. Mobile Broadband Use by Time of Day: 2019, 2021, 2022 and 2023

## A Market Study

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## **Abstract**

iGR has tracked and forecast mobile broadband usage in the U.S. since 2012, and over this time has built a sophisticated model to show how mobile use varies during the day.

As may be expected, mobile device users (which of course are most consumers today) get up in the morning and read the news, check their email, stream video, etc., usually using the home broadband service. But they then commute to work and/or drop children off at school, using mobile bandwidth for entertainment, communications, directions, etc. Once at the workplace, mobile bandwidth usage decreases until around the lunch hour when many people go to get something to eat and/or run errands, and hence mobile usage increases again. Usage drops in the afternoon as people are back in the workplace, before rising again during the commute home. In the evenings, people may attend a social or sporting event, etc. and so usage remains high.

This market study shows how the U.S. mobile data usage throughout the day has changed between 2019 and 2023.

Key questions addressed:

- What is the average mobile data usage of a U.S. mobile consumer at various times of day?
- How has this time-of-day usage changed since 2019?
- What is the average daily usage of a U.S. mobile consumer in 2023, as well as in 2019, 2021 and 2022?
- What is the average monthly mobile data usage in 2019, 2021, 2022 and 2023?

Who should read this report:

- Mobile operators
- Device OEMs
- Mobile infrastructure and equipment OEMs
- Financial analysts and investors.